



Creating Connections Therapy provides therapeutic Social Work and Counselling support to children, adolescents, young adults and their families.

We welcome referrals from NDIS self and plan-managed participants, privately funded clients, educational settings, allied health providers and government and not-for-profit organisations.



Therapy for children

- Family changes
- Self worth
- School transition
- Protective behaviours
- Social, emotional and behavioural challenges



Therapy for adolescents

- Anxiety
- Depression
- Gender identification & sexual orientation
- School stressors
- Distress tolerance



Therapy for young adults

- Grief and loss
- Relationship concerns
- Depression and anxiety
- Stress
- Work pressure
- Parenting support



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